

- 42.4 A 56-year-old female with diabetes presents for routine foot evaluation with her podiatrist. The patient complains of thickening of the nail of the right big toe and a change in color (yellow). The podiatrist diagnoses the patient with onychomycosis of the toenails. Which of the following is the most appropriate choice for treating this infection?
- A. Terbinafine.
  - B. Micafungin.
  - C. Itraconazole.
  - D. Griseofulvin.

Correct answer = A. Terbinafine is better tolerated, requires a shorter duration of therapy, and is more effective than either itraconazole or griseofulvin. Micafungin is not active for this type of infection.